Best Practices Meeting February 5, 2010 by Conference Call

Attendees: Carol Scott, Deborah Finley, Dr. Naveed Razzaque, Dr. Thomas Dahlberg, Dr. William Rosen, Lana Martin, Lisa Coots, Michael Roth, Sam Plaster, Sharon Thomas, Angie Green, Dr. Jeffery Kerr, Jackie Boan, Dr. Charles Crecelius, Jane Moore, Lori Towe, Sally McKee, Shelly Williamson, Linton Bartlett, Sam Plaster, Mike Boeger, and Diane Edwards.

| <u>Topic</u> | Discussion/Action | <u>Action</u> |
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| Welcome/Introductions - Sam Plaster | Sam welcomed the group and introductions were made after everyone had joined the conference call. | |
| SLCR Update – Shelly Williamson | The Section will be sending out an update on H1N1. The Local Public Health Agencies have plenty of the vaccine available and are offering the vaccine to facilities. We will be sending out a postcard indicating that the facilities can administer the vaccine to the residents or Health departments are willing to go out to the facilities. Some may question why they should receive the vaccine based on past protocols. Just because older adults were a low priority does not mean they were no priority. We are encouraging the low priority group to receive the vaccine. There have just been isolated incidents of H1N1 cases in long term care facilities. | FYI |
| | October 1 will be the effective date of the new MDS 3.0 and facilities have likely been hearing lots about it. There will be many training sessions. After April, QIPMO will be offering MDS 3.0 training at their support group meetings. The MDS Support Group meetings will be listed at the website www.nursinghomehelp.org . QIPMO will be offering training that will be generalized for administrators and then secondary training for those that enter data and work with the MDS forms. The Associations will also be providing training. We will also hold training sessions in our LTC regional offices. | FYI |
| | The Section has lost vacant positions and we are low on vacancies right now. The state match on Deferred Compensation has been taken away for now. | FYI |
| | We have implemented the new revisit protocol in six regions and will be starting the process in Region 7 in the next several weeks. | FYI |
| Controlled Substances Act - Michael Boeger | Three decisions by the DEA in Washington, DC impacts controlled substances in LTC. They are 1) | FYI |

LTC facility staff are not agents of the physician; 2) LTC facility patients receive prescriptions – not orders; and 3) Pharmacies cannot make any changes/amendments to schedule II prescriptions. In 1997, the DEA ruled that nurses and employees in LTC facilities are not agents of the doctor. This was a legal opinion offered and enforced by the DEA's Office of General Counsel. The DEA has been approached about reviewing this ruling and they are taking the issues under consideration at this time.

There is a difference between prescriptions and orders. A prescription is an instruction provided to a retail pharmacy. An order is given by doctors to employees to treat patients admitted to hospitals or doctors give an order to a nurse in a LTC facility to use drugs owned by the facility to treat a resident.

Residents in LTC facilities receive their medications through prescriptions from retail pharmacies. If the requested drug is a controlled substance, the prescription being sent to the pharmacy should be manually and physically signed by the doctor. Electronic signatures, stamps, and digital signatures are not allowed.

It has been hard for doctors to take care of patients when the LTC facility does not own the e-kit at the facility. When a pharmacy owns the e-kit it requires a prescription to get the medications out of the kit. We can look into the e-kit situation since it is always used in an emergency situation. There may need to be some changes in the law.

There are also situations when patients have been dismissed from the hospital to a long term care facility on Friday and no doctor has signed for prescriptions. The hospital doctor should be the one writing the prescription when the patient is released. Maybe Missouri Health Care Association could work with Mike on getting something out to the hospitals on this issue. Information is on BNDD website at www.dhss.mo.gov/BNDD and on the DEA website.

Pharmacies cannot make any changes/amendments to Schedule II prescriptions. If the prescription is not complete, it must be returned to the doctor. Some changes can be made to Schedule III, IV, and V prescriptions, but the patient's name, name of drug, and doctor's name cannot be changed.

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Will work with Shelly on something to give to MHA to educate doctors on this issue.

| Advancing Excellence Website - Carol Scott | The contest for the Phase II campaign has ended and Missouri came in 3 rd . By January 31, 45% of Missouri's facilities had signed up. Carol encouraged everyone to go the website and sign up – www.nhqualitycampaign.org. Missouri is above the national quality measure score on chronic care pain. Since we are above the objective of the campaign we need to get our numbers down. We will refocus our attention on how to support the facilities that have signed up. MOPI – MO Pain Initiative is developing a monthly tip, which is going out on list serves. Getting staff to sign up for the campaign is the next initiative. | FYI |
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| Nursing Home and Assisted Living Best Practices – Carol Scott | In the past, Dr. Novella Perrin with Central Missouri State University completed a Best Practices project for the Section, which at that time was the Division of Aging. Submissions were made, reviewed, and a book was published with the results. Carol met with Matt and Sam on a pilot to implement the best practices project again. Review of the paperwork on the past campaigns was done. Carol provided a draft letter and submission application that can be sent to facilities asking for their best practices. There are two decisions that need to be made – 1) Are the Best Practices committee members willing and interested in reviewing submissions, and 2) Do we want to use the same ten areas in which the facility would submit their submissions. Carol asked if the members had an interest in reviewing submissions. She indicated most of the reviews can be conducted electronically. Once the final product is completed it can be put on the department website. Dr. Dahlberg, Jackie Boan, and Dr. Kerr agreed it would be good. Dr. Kerr suggested we tap into the nurse practitioners to help out in the review process. Mike Roth thought it was a good time to bring it back. The Pioneer Network Conference will be held in St. Louis in 2011. This project might be something to show people what we are doing across the state. Everyone can respond to Diane on changes/input and this information can be forwarded to Sam or Carol. | FYI FYI on interest in this project FYI |
| FENCE Update – Linton Bartlett | The FENCE program is an education program for nurses working in LTC. The program was developed by the Missouri Center for Career Education, University of Central Missouri, under contract with | FYI |

| | the Department. The development was completed in September 2009. It is a 45 hour course. The curriculum is available at www.FENCEtest.org . So far the course has been offered at St. Charles Community College and 11 students completed the course. MO League for Nursing will be the certifying agency for the program. They will be issuing certificates of completion and will maintain the tracking of completion of the course. A contract has been awarded to MOAHA to provide training to long term care nurses around the state. It is anticipated that 320 nurses will be trained by the end of the year. A class schedule has not been completed yet. MOAHA will work with MLN to market and recruit nurses. There will be direct mailings and e-mails to facilities. The training and student manual will be provided to long term care nurses free of charge through the MOAHA contract. | |
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| Dr. Brunwork Resignation and Replacement – Sam Plaster | Dr. Brunworth has resigned from the Best Practices Coalition. Do we want to replace him? Jackie Boan indicated she would be interested in attending. She is a nurse practitioner and will provide a biography to Diane. | FYI A decision will be made at the next meeting. |
| Past Agenda Items – Sam Plaster | Sam said that he has been invited to sit on the DMH Net Advisory Committee and attended a meeting on January 26. There will be a new medication review mailing going out to selected long term care facilities this month. If you have any input, Sam will pass it along to the committee. There have been some past agenda items that need to be addressed. Sam wanted to know if the coalition is still interested in these topics. | FYI |
| | The topic of developing guidance on when to wait for x-rays was discussed at the August 07 meeting. Everyone agreed no future discussion was needed. | FYI |
| | The Care of Dementia Residents was discussed at the August 08 meeting. It was suggested that links to sources for this information could be put on our website. | FYI |
| | Coumadin guideless was discussed at the May 09 meeting. There is a potential patient safety issue for LTC residents. It was decided that the coalition needs to look at this issue again. | FYI |

| | Dr. Razzaque wants to bring the code status and medical director issues that were discussed previously back to the coalition again also. | FYI |
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| Best Practices Web Page Updates – Sam Plaster | Improvements have been made to the Best Practices website. The link is http://www.dhss.mo.gov/BestPracticesCoalition/index.html | FYI |
| Open Discussion | The MDS 3.0 training that will take place across the state was discussed. It was suggested to have Joan Brundick attend the next meeting and provide tips on reading quality indicators and provide a brief version of what we need to know about MDS. Sharon said the website www.nursinghomehelp.org has tutorial that will assist with MDS. | FYI FYI |
| Meeting adjourned | The next meeting date is May 14, 2010. | FYI |